

# Making Special Playtime Successful



## Choose a location

- Same place each day is best, if possible
- Minimize distractions (toys that are not included in special playtime, electronics, other people)

## Prepare

- Use the term “Special Playtime” so child begins to understand this time is different and special
- Caregiver selects 2 -3 appropriate toys/activities ahead of time and has them in the playtime area
- Have handouts in the play area to refer to as you’re playing
- For optimal learning, video record and assess yourself - set that up ahead of time

## Have fun playing with child

- Aim to use Pride Skills intensely (eventually 25 - 30 in a 5 minute time) You’re over-learning the skills so they begin to become natural
- Keep it to 5 mins, but don’t use a timer
- Remember to allow child to lead the play
- Use selective attention if child displays inappropriate/undesirable behavior
- Stop the play and address behavior if it is dangerous or destructive
- Aim for a consistent daily playtime routine